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Client Bill of Rights

You have the right to:

1. Get respectful treatment that will be helpful to you.
2. Have a safe treatment setting, from sexual, physical, and emotional abuse.
3. Report immoral and illegal behavior by a therapist.
4. Ask about the professional competencies, training, and experience of your therapist.
5. Have written information, before entering therapy, about fees, method of payment, insurance coverage, and cancellation policies.
6. Be informed of your assessment, treatment alternatives, recommended treatment, and expected length of outcome therapy.
7. Refuse to answer any question or give any information you choose not to disclose.
8. Know if your therapist will discuss your case with others (examples: supervisors, consultants, or students).
9. Ask that the therapist inform you of your progress.